



SADSA

FLEXIBLE CARE INFORMATION

Following an initial chat with our Day Service Manager to obtain all necessary information, you can just ring us 48 hours in advance to book any dates and times to suit your loved one/family needs. You can use Flexible Care hours all at once, or over a planned period of time.

Flexible Care can also be used whilst your Loved One is in a Residential Care Programme. If you are looking for Occasional Day Care, this is a great way to ensure that your loved one continues their time with SADSA friends, enjoying our Music Days and Interactive Activities to meet Service Users needs.

With our Flexible Care Programme, you can purchase Care Hours to Care Days, in advance, to use as you need them. You get reliable Care Provision and much needed Flexibility while your Loved One gets Quality Care and fun joining us in SADSA's Safe and Secure environment.

REGULAR ACTIVITIES WITHIN OUR DAY SERVICE INCLUDE

- Reading & Telling Stories
- Pattern making and Drawing or Painting Pictures
- Physical Activity
- Music & Rhythm, Singing and Creating Music
- Pet Visits
- Take Me Back Trips Down Memory Lane
- Friendships Are Also Made & Maintained

LET US KNOW WHAT YOU ENJOY SO WE CAN INCLUDE THIS IN OUR PROGRAMME

*We're there for you when you need us!
South Ayrshire Dementia Support Association
Call Liz on 01292 283954 or 288396*

Registered Charity in Scotland SC006915

www.sadsa.org.uk

SADSA

SOUTH AYRSHIRE DEMENTIA SUPPORT ASSOCIATION

We are reaching out to let you know we are here to help "You are not alone!"

- We are a Non-Profit Making Charity who provide Day Care seven days per week at reasonable prices.
- We have been in existence for over 20 years providing specialised Dementia Care at our Day Centres in Ayr & Prestwick.
 - Our Day Centres are managed by Liz Campbell, together with a Team of Qualified, Experienced Carers who provide a Quality Service in a Homely and Friendly Environment.
- Come and join us and experience a wide variety of activities including Individual Preferences to foster each and every act of Communication and to ensure Quality Time for all in our Care (See further details overleaf).
- We are increasingly aware of the need to provide a more flexible approach to Day Care in order to meet the needs of Carers and Service Users within the Community.

For General Advice regarding Dementia Care or to discuss what our Service can offer you or a member of your family who is living with memory loss Contact Liz on 01292 283954 or 01292 288396

Newly Introduced Flexible Care Programme

Flexible Care could be the perfect solution for those who need to balance

Care over Holidays

Special Occasions or Breaks

Work Demands

Time... (When you just need an occasional "Day Off")

Time...with Interactive Company and Independence for your Loved One, in a Safe and Friendly Environment

"Drop In" Option and "Flexible Care to suit your needs..

See overleaf for further details

WWW.SADSA.ORG.UK
Registered Charity in Scotland SC006915